

320th Crook Log Friday Handicap

14th July 2017

Name	Club	Elapsed Time	Handicap	Net Time	New Handicap
Peter Cane	N.E.J.	32.46	7.00	25.46	9.15
Geraldine Legon	Bexley	33.12	1.00	32.12	2.45
Angie Charkiewitz	N.E.J.	33.18	0.00	33.18	1.30
John Hampton	Unattached	33.28	5.30	27.58	7.00
Jane Vallins	N.E.J.	33.42	4.00	29.42	5.15
Nello Lorenzoti	N.E.J.	33.50	11.15	22.35	12.15
Pip Warboys		33.52	7.00	26.52	8.00
Steve Dipre	N.E.J.	33.59	14.00	19.59	15.00
Gina Little	Plumpton	34.14	8.00	26.14	8.45
Stuart Littlewood	Hercules W.	34.16	8.00	26.16	7.45
John Leach	N.E.J.	34.29	6.15	28.14	6.45
Martin Flannery	N.E.J.	34.32	10.00	24.32	10.30
Sally Musson	Tonbridge	34.56	13.15	21.41	13.15
Jane Blackmore	Swanley	35.03	11.00	24.03	11.00

14 runners

Very good run with just about everyone finishing inside their handicap so I must be doing something right!!
 Not sure when we started running on the new course but will say that ten years ago is about right so cakes all round!! Hope to see you all next month.

NEXT RUN
 Friday 11th August 2017