

Grand Prix August 2017
 NEJ Cake run. Eltham Park South
 20/08/17

Name	World Best Secs (5m)	Time Mins	Secs	Time in Secs	% world best	Grand Prix Rank
Julie Unitt	1751	34	11	2051	85.37	1
Jenny Neal	1575	31	13	1873	84.09	2
Ian Chidwick	1571	31	10	1870	84.01	3
Maria Hjorth	1633	32	43	1963	83.19	4
Janet Lugton	1809	36	29	2189	82.64	5
Nello Lorenzotti	1541	32	27	1947	79.15	6
John Williams	1619	34	13	2053	78.86	7
Jan Baltruschat	1514	32	0	1920	78.85	8
Catherine Warner	1649	35	31	2131	77.38	9
David Cheeseman	1427	30	48	1848	77.22	10
Janet Smith	1697	36	39	2199	77.17	11
Dich Phat Sam	1487	32	27	1947	76.37	12
Nigel Kent	1500	32	49	1969	76.18	13
John Leach	1799	39	33	2373	75.81	14
Alan Jackaman	1691	37	21	2241	75.46	15
Peter Cane sr	1586	35	39	2139	74.15	16
Lynn Boston	1561	35	6	2106	74.12	17
Agatha Kasprzyk	1419	31	56	1916	74.06	18
Peter Cane jr	1305	29	36	1776	73.48	19
Sean McGran	1555	35	36	2136	72.80	20
Steve Walker	1571	36	50	2210	71.09	21
Mark Jenkinson	1383	33	58	2038	67.86	22
Darren Gregory	1405	34	59	2099	66.94	23
Tina Johnson	1561	38	59	2339	66.74	24
Chris Hunt	1527	38	47	2327	65.62	25
Maxine Gadd	1603	43	44	2624	61.09	26
Rob Boston	1394	38	58	2338	59.62	27
Kerry McConnon	1561	43	45	2625	59.47	28
Becky White	1419	39	47	2387	59.45	29
Ryan Gregory		27	26			

Percentages are high as 4mile run compared to 5mile standard.