

310th Crook Log Friday Handicap **9th September 2016**

Name	Club	Elapsed Time	Handicap	Net Time	New Handicap
Martin Flannery	N.E.J.	32.58	7.30	25.28	9.30
Sue Cane	N.E.J.	33.24	-3.00	36.24	-1.30
Peter Cane	N.E.J.	33.24	-3.00	36.24	-1.30
Janet Bruce	Unattached	33.32	-3.00	36.32	-1.30
Stuart Littlewood	Hercules W.	33.53	7.30	26.23	8.30
Sally Musson	Tonbridge	34.00	12.00	22.00	13.00
Alistair Jackson	Vets A/C	34.09	1.45	32.24	1.30
Gina Little	Plumstead	34.15	5.00	29.15	5.45
Carol Marsh	Unattached	34.29	10.30	23.59	11.00
Tom Dradey	Unattached	34.39	3.30	31.09	3.45
Steve Dipre	N.E.J.	34.40	14.00	20.40	14.15
Jane Blackmore	Swanley	34.43	10.30	24.13	10.45
Chris Hunt	N.E.J.	35.01	9.00	26.01	9.00
Geraldine Legon	Bexley	35.25	2.45	32.40	2.15
Dennis Williams	Hercules W.	36.50	8.00	28.50	6.00

15 Runners

Good to be back after my month off. Great holiday but good to be back to normal!! The handicap worked out well with nearly all the runners coming in close together which is very rewarding. Nice to see Gina back again after her time off recovering from injury, also to welcome Janet to our little run & hope she enjoyed it & comes again. Hope to see you all next month.

NEXT RUN
Friday 14th October 2016