

Male

Prize Category: Overall

Category Position	Bib	Name	Gun Time	Age Category	Overall Position	Club or Team
1	276	Steve Hodges	00:28:11	Senior Men	1	Cambridge Harriers
2	274	James Macdonald	00:29:14	Senior Men	2	Cambridge Harriers
3	74	Jim Ashworth-Beaumont	00:29:20	Men 50-59	3	Serpentine RC

Female

Prize Category: Overall

Category Position	Bib	Name	Gun Time	Age Category	Overall Position	Club or Team
1	143	Victoria Basquill	00:33:23	Women 45-54	12	
2	184	Rose Baker	00:35:58	Women 45-54	31	Cambridge Harriers
3	161	Jennifer Neal	00:37:13	Women 45-54	45	New Eltham Joggers

Male

Prize Category: Men 40-49

Category Position	Bib	Name	Gun Time	Age Category	Overall Position	Club or Team
1	46	Matthew Preston	00:32:46	Men 40-49	9	Cambridge Harriers

Prize Category: Men 50-59

Category Position	Bib	Name	Gun Time	Age Category	Overall Position	Club or Team
1	48	Christian Poulton	00:30:16	Men 50-59	5	Cambridge Harriers

Prize Category: Men 60-69

Category Position	Bib	Name	Gun Time	Age Category	Overall Position	Club or Team
1	77	Charlie Harkin	00:36:33	Men 60-69	36	

Prize Category: Men 70+

Category Position	Bib	Name	Gun Time	Age Category	Overall Position	Club or Team
1	138	John Leach	00:51:55	Men 70+	181	

Female

Prize Category: Women 35-44

Category Position	Bib	Name	Gun Time	Age Category	Overall Position	Club or Team
1	134	Sara Elmqvist	00:37:26	Women 35-44	46	Blackheath & Bromley Harriers

Prize Category: Women 45-54

Category Position	Bib	Name	Gun Time	Age Category	Overall Position	Club or Team
1	153	Andrea Barber	00:37:29	Women 45-54	47	Kent AC

Prize Category: Women 55-64

Category Position	Bib	Name	Gun Time	Age Category	Overall Position	Club or Team
1	98	Carol Marsh	00:37:55	Women 55-64	56	Plumstead Runners

Prize Category: Women 65+

Category Position	Bib	Name	Gun Time	Age Category	Overall Position	Club or Team
1	148	Gina Little	00:48:04	Women 65+	146	Plumstead Runners
