

298th Crook Log Friday Handicap 11th September 2015

Name	Club	Elapsed Time	Handicap	Net Time	New Handicap
Chris Tredray	N.E.J.	33.42	12.15	21.27	13.30
Bob Howe	Mornington	33.43	5.30	28.13	6.45
Sue Cane	N.E.J.	34.21	-1.30	35.51	-1.00
Peter Cane	N.E.J.	34.21	-1.30	35.51	-1.00
Geoff Tredray Sr	N.E.J.	34.22	-1.30	35.22	-1.00
Steve Dipre	N.E.J.	34.59	15.00	19.59	15.00
John Kemp	Aquila	35.03	10.45	24.18	10.45
Alistair Jackson	Unattached	35.04	3.30	31.34	3.30
Stuart Littlewood	Hercules W.	35.05	31.35	31.35	3.30
Jim Anderson	Plunstead	35.07	3.45	31.22	3.30
Tom Dradey	Unattached	35.17	4.45	30.32	4.30
Jane Blackmore	Swanley	35.26	10.00	25.26	9.30
John Leach	N.E.J.	35.27	10.45	24.32	10.30
Steve Grundy	Plumstead	36.00	5.30	30.30	4.30
Geraldine Legon	Bexley	36.05	4.45	31.20	3.45
Bob Carter	Swanley	36.06	-1.30	37.36	-2.30
Mark Tingley	Unattached	36.44	3.45	32.59	2.00
Dave Brooks	Thurrock	37.00	5.00	32.00	3.00

F.T.

18 runners

Good weather & a great turn out for this our 298th little run.
Our 300th will be here soon which we will celebrate after our December run at the Stables (Christmas is coming so watch out)!!!!
Its nice to see both Sue & Peter doing their P.B.s.
Hope to see you all next month.

NEXT RUN
Friday 9th October 2015

